

# Myth and Exegesis in Plotinus: How to Divide and Recompose Words and Things

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## Abstract

This paper explores the central thesis of the myth presented by Plotinus in his treatise *On Love* (III, 5 [50] 9, 24-29). Myth is a narrative that divides and deploys over time structures differentiated only by their “rank” or “powers”. First, the myth teaches, and then allows those who have understood it to “recompose” the data scattered through the discourse. The Hesiodic genealogy –Uranus, Kronos, Zeus– corresponds to the three main hypostases –the One, the Intelligence and the Soul. Likewise, the death and later dismemberment of child Dionysus symbolize the multiplicity and impassivity of sensible matter.

**Keywords:** myth; Plotinus; exegesis; Neoplatonism; Dionysus

## Introduction

Plotinus (204/5 – 270 C.E.) is considered first and foremost as an exegete of Plato who introduced profound changes into Platonism, in an age when “novelty” was not valued *per se*. As Dodds (1960, p. 2) remarks, the essence of Plotinus’ system stems more from the new sense transmitted by the whole to the parts, than in the parts considered separately one from another. However, according to Plotinus, if the truth was discovered long ago, and is deposited in the Hellenic tradition, especially under the authority of Plato’s dialogues, it has still to be clarified, as it was not always clearly stated (ἀναπεπταμένως) (*Ennead* V 1 [10] 8, 11; see Narbonne, Achard & Ferroni, 2014, p. xcii). This hermeneutic method is applied especially to the philosophy of the myth.

Our intention here is to analyse the treatment of the myth in Plotinus, as the intermediary in the exegesis of his particular philosophical system, with a view to demonstrating the originality of his conception. In effect, Plotinus returns to the kinship and genealogical relationships between the elements of the myth, which explain his more traditional view, and also explores other links more deeply, such as hierarchical structure (in the myth of Zeus), or the likeness between the model and the image (in the myth of the mirror and the child Dionysus). These are all used to render more intelligible a philosophical truth which transcends the myth as such.

## Definition of myth: Plotinus and tradition

In the treatise 50 *On Love* (III, 5), Plotinus defines myth as what takes apart and separates in time things which are simultaneous, i.e. what presents through successive generations that which in

fact is ungenerated and eternal (see Pépin, 1955, pp. 5-7; 1976, pp. 190-192; Arnou, 1967, pp. 296-300; Buffière, 1973, pp. 531-535; Cilento, 1960, pp. 243-311; Ramos Jurado, 1990, pp. 76-77; Saffrey, 1992, pp. 62-63; Dillon, 2004, xxviii-xxix; Oliveira, 2013, pp. 107-109; Kalligas, 2014, pp. 531-533).

“But myths, if they are really going to be myths, must separate in time (μερίζειν χρόνοις) the things of which they tell, and set apart (διαίρειν) from each other many realities which are together, but distinct in rank or powers, at points where rational discussions (οἱ λόγοι), also make generations of things ungenerated (γενέσεις τῶν ἀγεννήτων ποιούσι), and themselves, too, separate things which are together; the myths, when they have taught us as well as they can, allow the man who has understood (τῷ νοήσαντι) them to put together (συναίρειν) again that which they have separated.” (Plotinus, *Enn.* III, 5 [50] 9, 24-29; trans. Armstrong, 1966-1988, vol. 3, p. 201).

The myths have a particular way of teaching us, and that peculiarity brings them closer to the dialectic method. Thus, they divide what is unified, disperse over time what is simultaneous, explain through a succession of generations what in fact is ungenerated (see Pépin, 1955, p. 7; Brisson, 2004, p. 75). The temporal *diairesis* of myth separates the different facets of beings, imitating to some extent the intelligible structures, which although they are together, are only different “in rank or powers”.

Thus, we can distinguish two moments in the myth: (1) that of division or *diairesis*, and (2) that of recomposition or *synairesis*, which we can relate to the two moments of the dialectic method: (1) that of *analysis*, and (2) that of *synthesis*, just as Plato explains them in the various dialogues (see, e.g., *Sophist*, 253c; *Philebus*, 17a; *Republic*, 533c and 534e). Through the *diairesis* method Plato attempts to follow the natural articulations of things, just as a good butcher would do (*Phaedrus*, 265e1-3). Plato applies this method to the search for definitions of the sophist and the politician in the respective dialogues. Those who are able to divide and unite, as Plato tells us in the *Phaedrus* (366 b), he calls dialectics.

Returning to Plotinus, the *diairesis* carried out by the myths, which temporarily breaks down beings that in fact are compact, acts as an analytical tool that facilitates understanding. Nevertheless, once the myth has been disassembled, “the man who has understood (τῷ νοήσαντι)” (*Enn.* III, 5 [50] 9, 29) must recompose (συναίρεσις) the elements which appear dispersed through the narrative. In *synairesis* it is therefore necessary to move from the chronological to the hierarchical, to be able to distribute each being according to its “rank” or “powers”.

### **The fragmentation of the myth in the mirror**

Pépin (1955, p. 7; 1976, p. 192) recognises the analytical and didactic value of the myth in the *Enneads* and connects it to Plotinus’ theory of the image. Just as an object is reflected in a mirror, the image always participates in its model. In the first book of *Problems concerning the Soul* (*Enn.* IV, 3 [27] 11), Plotinus approaches the subject of how the souls accept the gods which, in this case, represent the intelligible beings. He starts by alluding to the primitive belief in “natural” sympathy, also found in theurgy, between the model and the image. The wise men among the ancients built sanctuaries and statues to ensure the presence of the gods, and they realised that the nature of the soul is easily attracted if an object is made to serve as a receptacle for some of its parts. Accordingly, what is made in imitation of something is “like a mirror able to catch [the reflection of] a form (ὡσπερ κάτοπτρον ἀρπάσαι εἶδος τι δυνάμενον)” (*Enn.* IV, 3 [27] 11, 7-8; trans. Armstrong, 1966-1988, vol. 4, p. 71). However, as the myth is simply an image, it is a reflection of reality, without being reality itself, and so the myth must be superseded, to reach the

contemplation of the first principle.

What we find here, in the opinion of Mattéi (1996, p. 14), is “a very traditional conception of the myth”, which we can relate to Aristotle’s analysis of the myth in the *Poetics*, where he defines it as “a composition of actions (σύνθεσις τῶν πραγμάτων)” (1450a3-4). Whoever listens to a mythical narrative, or reads it carefully, must rearrange the fragments into a single whole, which means establishing a connection between the visible and the invisible. This is why in fact there is no break between myth and *logos*, but instead there is continuity, to the point where we can consider them as branches of the same tree. The original meaning of the verb λέγειν is “pick”, or “select”, which then became “collect”, “bring together”, “join together”, and then “speak”, “say”: words are “collected” or “joined together” which is what happens when we read, and so the “sense” or “meaning” is obtained (see Heidegger, 1927/1993, pp. 32-34). Thus, the myth is located midway between the visible and the invisible, “a μεταξύ which reflects the countenance of the intelligible in the mirror of time” (Mattéi, 1996, p. 16).

But the myth, which reflects like a mirror, makes what is immobile move, engenders what is ungenerated, i.e., it puts the intelligible structure into motion to facilitate its understanding. According to Couloubaritsis (1990a, pp. 85-89; 1990b, pp. 329-332), the myth presents a “genealogical schema”, it follows the common thread of the universal schema of kinship. In the mirror of the myth, the united and compact is fragmented into successive sequences, the eternal unfolds in time, the ungenerated becomes generated. Through the table of kinship, what transcends all generation is composed genealogically, whether it refers to cosmogony, theogony or anthropogony.

In fact, the genealogical form is the most used by the archaic myth, applying the family tree, one of the most familiar standard patterns of human experience. Couloubaritsis (2008, pp. 80-89) considers that this family pattern was used systematically because the phenomenon of kinship represented a well-organized everyday experience in archaic societies, where the ancestor cult supposed the presence of the dead in an invisible setting. Thus, extending the family tree to other areas of real life gave the language a form of expression enabling the *knowledge* of things to come. This extension of the family tree means that genealogy can explain a reality which is both visible and invisible, and which divides and separates in time what it attempts to convey, referring it back to an origin.

From this viewpoint, we discover the presence of genealogy permeating Greek thought from its origins to Neoplatonism, allowing us to question the common thesis of a transition from *myth* to *logos*, widely accepted since Nestle (1940). To speak of *myth*, then, implies a certain type of reflective activity, i.e., a certain type of *logos*; while at the same time, to speak of *logos* implies a certain form of myth.

### **The genealogy of Plotinus: Uranus-Kronos-Zeus**

In Plotinus, the three great gods of Hesiod’s theogony – Uranus, Kronos and Zeus – correspond to the three main hypostases: The One, the Intellect and the Soul. In this case, however, the relationship between these three hypostases is hierarchical, not genealogical, since each has a “rank” and a specific “power” which differentiates it from the others (see Zamora Calvo, 2012). This is similar to the relationship established in Plato’s *Republic* between the Good and the sun. Using the genealogical relationship of kinship, the sun is said to be the son of the Good (*diairesis*), but the sun is ungenerated, which when recomposed means a hierarchical structure (*synairesis*) in which the invisible Good occupies a higher rank and power than the visible sun (see

Couloubaritsis, 1984). From the family tree and genealogical logic, which we find at the point of *diairesis* in the myth, we move on to a structure which is not genealogical, but *hierarchical*. However, we see that through the analysis of the myth we can use the genealogical to reach an understanding of the ungenerated and invisible, by means of the visible and the generated.

The hierarchical structure of the three hypostatic natures – One-Intellect-Soul – is inspired by a particular exegesis of the *Parmenides*, of the *Second Letter* of Plato and of Numenius (see Narbonne, Achard & Ferroni, 2014, p. xciii). Plotinus proposes an integral dynamic procession from the first principle, without this being diminished in any way. He conceives of this procession as a natural, spontaneous overabundance of power and life, which is different from the traditional cosmogonic myths and from Judaeo-Christian creationism or the technical-craftsmanship production pattern of the demiurge. The realities generate themselves eternally one from the other, they are subordinated to others and all have their source from which they proceed in the One, the absolutely simple first principle and the infinite power of all things (see Narbonne, Achard & Ferroni, 2014, pp. lxii-lxiv, lxvi, lxxiii).

In the *Enneads* the same mythical character is used by Plotinus to denote various philosophical notions; inversely, a philosophical notion may have various mythical representations, although without establishing an exact correspondence – term for term – between the mythical, oblique discourse and the direct discourse (see Pépin, 1958, pp. 480-481). Using the character Penia (Poverty), taken from Plato's *Symposium*, Plotinus denotes the matter of the intelligible world, although not only that, as the characteristics of penury taken to the extreme are also used to represent the matter of the sensible world. On the other hand, Poros (Resource), personified as the father of Eros, the garden of Zeus and the nectar, are three mythical manifestations of the *logos*. Inversely, the character of Zeus is not reserved exclusively to symbolize the Soul. In the interpretation of the myth of the birth of Eros, Zeus denotes Intellect, and in the treatise *31 On Intelligible Beauty* (V, 8), is associated with Dike (*Enn.* V, 8 [31] 4, 40-42); but is also used to represent the One or the Good (*Enn.* VI, 9 [9] 7, 21-26). Thus, the same mythical character, used in different contexts, allows Plotinus to make different interpretations: Zeus can represent the world soul but also each one of the three hypostases.

### **The myth of the dismemberment of Dionysus, symbol of the sensible matter**

For Vernant (1989, p. 158), the Neoplatonists used the motif of the mirror of Dionysus to translate on the cosmological plane the change from the one to the many. In his *Enneads*, Plotinus makes just one single, clear reference to the myth of the death at the hands of the Titans and later rebirth of Dionysus, highlighting the mirror which distracts the child (see Pépin, 1970, pp. 315-320; Ghidini-Tortorelli, 1975; Letocha, 1978; Oliveira, 2013, pp. 277-294):

“But the souls of men see their images as if in the mirror of Dionysus (οἷον Διονύσου ἐν κατόπτρῳ) and come to be on that level with a leap from above: but even these are not cut off from their own principle and from intellect.” (*En.* IV, 3 [27] 12, 1-4; trans. Armstrong, 1966-1988, vol. 4, p. 73).

To discover Plotinus' exegesis of this myth, we must start from the relationship established between model and image within a hierarchical framework: the weakest powers proceed from previous powers, as occurs with images of objects reflected in water, in a mirror or in a shadow (see *Enn.* VI, 4 [22] 10, 12-17). In this case, as in others, Plotinus starts from an exegesis of Plato, especially in the *Republic*, where the hierarchy of the different orders of reality is shown in the relationship which exists between the model and the image: the intermediate level is the image of

a higher level which, in turn is the model of a lower level. In the analogy of the line, Plato uses “images”, first for shadows, then for reflections in water and in all things which are “close-packed, smooth, and shiny materials” (*Republic*, 510a2).

The meaning of the mirror is always ambivalent: (1) the mirror is the symbol of certainty and knowledge; and (2) it is the symbol of falsehood, as it only shows the outward appearance of things (see Baltrušaitis, 1978, p. 86). The symbolism of the mirror is linked to the myth of Narcissus reflected in the water, where the world, according to Cirlot (1997, p. 200), is “a huge Narcissus who sees itself reflected in the human conscience”. Plotinus uses the image of the mirror (κάτοπτρον) where the child Dionysus sees himself, and is attracted, and which leads him to reject the rest of the playthings his murderers the Titans offer him – which already existed in earlier writers –, but which he adapts to the requirements of his own henological and processional schema. According to Ferwerda (1965, p. 23), it is difficult to find another philosopher in the history of philosophy who compares with Plotinus in the use of this image.

But the originality of Plotinus lies in the constant comparison he makes between sensible matter and the mirror. Plotinus prefers the term “mirror” (κάτοπτρον) to the more orphic “looking-glass” (ἔσοπτρον), so that probably he took it from Plato, rather than from the orphic texts. The mirror is “a pathetic image, the metaphor of a cosmic, human situation” (Ghidini Tortorelli, 1975, p. 359). Many texts simply point out the analogy, substituting the mirror for the surface of the water (see *Enn.* II, 3 [52] 15, 5; VI, 5 [23] 8, 16-17); but in the treatise 26 *On the Impassivity of the Unembodied* (III, 6) the comparison appears clearer.

“Whatever announcement it makes, therefore, is a lie, and if it appears great, if is small, if more, it is less; its apparent being is not real, but a sort of fleeting frivolity (οἶον παίγνιον φευγόν); hence the things which seem to come to be in it are frivolities (παίγνια), nothing but phantoms in a phantom (εἶδωλα ἐν εἰδώλῳ), like something in a mirror (ὡς ἐν κατόπτρῳ) which really exists in one place but is reflected in another; it seems to be filled, and holds nothing; it is all seeming (δοκοῦν τὰ πάντα).” (*Enn.* III, 6 [26] 7, 21-27; trans. Armstrong, 1966-1988, vol. 3, pp. 241-242).<sup>2</sup>

With mirrors and transparent surfaces, the matter is not affected by the images reflected in them. But as Plotinus says, the matter is “still less liable to affections than are mirrors (ἔτι μᾶλλον ἀπαθέστερον ἢ τὰ κάτοπτρα)” (*Enn.* III, 6 [26] 9, 19). Thus, there is a difference: although the images in a mirror, or those reflected in matter, disappear at the same time as the beings which cause them, the mirror itself can still be seen, because it is a form; but whether or not there is any content, the matter itself is not seen, because it is not a form. This is why sensible things which can be seen in matter are thought to be true, but this is not the case when they are seen reflected in a mirror (see *Enn.* III, 6 [26] 13, 34-46).

Thus, there would be no sensible things without matter, just as there would be no image without the mirror (see *Enn.* III, 6 [26] 14, 1-2). What appears in the mirror of the matter is the *reflection*, without reality, of the intelligible forms. The soul, both universal and particular, emits images because it appears to be present in bodies, enlightening them and converting them into animals, without entering itself into the composition of the body (see *Enn.* III, 6 [26] 14, 2-4).

Plotinus states that the sensible matter is impassible and incorporeal, but “otherwise” than the intelligible form, as the “substrate of bodies” and genetically previous to them (see *Enn.* III, 6 [26] 6, 3-7). From this, two consequences can be extracted: (1) matter is not “passible” and “versatile”, as the stoics maintain (see *SVF* II, 482; 309), but impassible, like a mirror, or even more so; and (2) matter is incorporeal, and the body is genetically subsequent to it. The

compound of matter and corporality is a body. Thus, both matter and the intelligible being are incorporeal; but matter is a non-being in the sense that it is different from both the sensible and the intelligible being – as it is not soul, nor intellect, nor form, nor *logos*, nor body, that is to say, composed of matter and form –.

Matter lacks all qualities, it is an “all-receptive” substrate of images, which remains unalterable, without undergoing any modification whatsoever, and is imperishable (see *Enn.* III, 6 [26] 10, 9-13; see also Plato, *Timaeus*, 51a7). Here, Plotinus cites the *Timaeus* (50c4-5): “Imitations of real beings pass into and out of it (τὰ δὲ εἰσιόντα καὶ ἐξιόντα τῶν ὄντων μιμήματα)” (*Enn.* III, 6 [26] 7, 27-28, and 11, 2-3). Matter, although it receives all forms, is not affected by any of them (see *Enn.* III, 6 [26] 11, 43-45). The substrate does not undergo any type of affection or alteration, as it lacks figure and magnitude. In matter, there is an apparent presence of images, but in reality, they are absent. Therefore, Plotinus warns, we should not allow ourselves to be swept along by routine and think that matter is passible.

Matter constantly “shuns” forms because of its own nature which is impassible (see *Enn.* III, 6 [26] 13, 1-2; see also Plato, *Timaeus*, 49e2, and 50b-e). As matter does not emerge from itself it must be “void of all forms”, and have fled from the essence of beings, so that it is not receptive of them, nor participates in their image, nor appropriates it since, if it were to lay claim to it in some way, it would instantly stop being void or “other”, and the “receptacle” of all things (see *Enn.* III, 6 [26] 13, 20-31). Thus, when the forms pass into it and out again, it remains completely impassible, and what enters does so without leaving any trace, as a “phantasm”, like an image within another image, “untrue into the untrue” (*Enn.* III, 6 [26] 13, 31-32).

If matter is considered as subject to affection, then it must be admitted that it is also a body, with quality and magnitude. However, matter which is neither body or magnitude, is impassible (see *Enn.* III, 6 [26] 12). Therefore, the images enter into it falsely, as the images of objects are reflected in a mirror while they are in front of it, but if the objects are withdrawn they immediately disappear.

The objects Hera offers to the infant Dionysus to attract his attention include a mirror made by Hephaestus, and in fact, when the Titans kill him, the child is absorbed in his image reflected in the mirror. In Plotinus, the image of the mirror constantly appears associated with matter (see Heinemann, 1926; Pépin, 1970, p. 317). In several passages in the *Enneads* only the analogy is indicated, with the substitution of the surface of water for the mirror, enabling us to make a hermeneutic connection between the myth of the child Dionysus and that of the adolescent Narcissus, who drowns, attracted by his own reflection (*Enn.* I, 6 [1] 8, 6-12; see Hadot, 1976, pp. 99-103; Brisson, 2004, p. 81).

Plotinus’ interpretation of the death and dismemberment of Dionysus is metaphysical and at the same time anthropological (see Pépin, 1970, p. 317). The image (εἶδωλον) of itself which the soul sees in the mirror is the *reflection* which descends when it is united with the body, while the soul itself remains in the higher world. Plotinus uses the myth of Dionysus dismembered to symbolize sensible matter, just as Penia refers to intelligible matter, and Narcissus, the soul trapped by his own image, refers to the sensible world.

The soul emits images of itself “like a face seen in many mirrors (ὡς περ πρόσωπον ἐν πολλοῖς κατόπτροις)” (*Enn.* I, 1 [53] 8, 17-18). Here, Plotinus comments on a passage in the *Timaeus* (35a), cited above (8, 10-14), which refers to the composition of the world soul from the indivisible and the divisible substance. In this comparison, the mirror Plotinus is thinking of is that of Dionysus. From then on, the Neoplatonist followers of Plotinus comment on this passage

from the *Timaeus* with the help of the story of the dismemberment. The myth of the child Dionysus is the symbol of the *procession* of the Soul from the lower level to reach matter, its final link (see *Enn.* IV, 8 [6] 6, 18-23). Dionysus, as Proclus says later in his *Commentary on the Timaeus of Plato*: “When he looked into it and saw his own image (εἶδωλον ἑαυτοῦ), he proceeded to the universal divisible creation (εἰς ὅλην τὴν μεριστὴν δημιουργίαν)” (*In Timaeum*, II, 80, 23-24 Diehl; trans. Baltzly, 2007, p. 140).

## Conclusion

In the *Enneads*, therefore, we discover a whole philosophy of the myth, which is very useful to clarify certain philosophical concepts. The myth divides in time what is transmitted in the discourse and separates entities from each other which in reality are united, meaning that the myth takes back to the past – from an origin – things which are in the present. Thus, the different births described in succession in the theogonic myths are not necessarily to be understood literally, as if they were real births, but rather as a way of explaining ungenerated and eternal things in a genealogical and temporal discourse. In the same way, the death of the child Dionysus at the hands of the Titans, when he was distracted and playing with a mirror, enables us to understand the characteristics of impassibility, multiplicity and dispersion, typical of matter in the sensible world. And the Narcissus myth, as Plotinus interprets it, represents the soul which falls in love with its own reflection, the sensible world.

The myths instruct us in their own way, but in the opinion of Plotinus, it is essential to correct their vision, as to some extent it deforms reality, since the mythical discourse divides what is one and deploys a reality which is synchronic or which transcends time. After reading or listening to the *diairesis* of reality carried out by the myth, it has to be recomposed (*synairesis*), and the primitive composition reconstructed, to achieve a full understanding of the mythical discourse. Thus, the myth provides a very useful tool for philosophical analysis, precisely because it divides a simultaneous reality in time. It is an easy form of expression, since it is based on the commonest and best known data of human experience, such as kinship, or the image reflected in a mirror, and it can be used to translate the most difficult points of philosophical expression, as in the case of the ineffable realities, the characteristics of matter and the genesis of the sensible world. For the Neoplatonists it was essential to use the mythical, oblique expression, to attain an understanding of concepts where more direct language finds itself in difficult terrain.

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