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| :---: | :---: |
| Author/s | Syed Sarwar Hussain |
| Affiliation | Department of English Language and Translation, College of Languages and Translation, King Saud University, Saudi Arabia |
| ORCID IDs | 0000-0001-9973-5477 |
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# The Influence of L1 in English Language Acquisition: A Case Study of ESL Learners at King Saud University 

Syed Sarwar Hussain<br>Associate Professor, Department of English Language and Translation, College of Languages and Translation, King Saud University, Saudi Arabia. Email: sayedshussain@yahoo.com


#### Abstract

This study aims to analyze the important role First Language (FL) plays in Target Language (TL) acquisition. Researchers have repeatedly pointed to the need for Target Language (TL) teachers to maximize the use of TL while minimizing the use of L1. Teachers alternate between L1 and TL. Common Language Errors occur in the L 1 transition to TL . These include over-extension of analogy, transfer of structure, and interlingual errors. The depth of these errors depends on the level of similarity between one language to the other. Once teachers understand that although acquiring TL is important, the use of L 1 cannot be eliminated in classrooms, rather, it facilitates learning. This study aimed at investigating the reasons for using L1 in foreign language teaching and learning, as well as the positive benefits of L . For the analysis purpose, survey data were collected from 54 King Saud University students using an open-ended questionnaire. The findings revealed that the proficiency of both TL and L1 was good and from the Chi-square test and the vocabulary-based questions, the perceived proficiency showed an association with an understanding of cognates. Also, the result revealed that there was no association between opinion on L1-TL interference and sentence structure-based difficulties at a $5 \%$ level of significance.


Keywords: First Language, Target Language, Language Transition, Language Errors.

## 1. INTRODUCTION

L1 is a person's first language, sometimes known as their native tongue or mother tongue. A natural speaker of a language is someone who speaks it fluently (Mizza 2014). Every human being with normal development has a first language. L1 is a language that students utilize to help them learn English. It helps them understand what they are learning and reduces their fears. Insecurities may occur as a result of a lack of linguistic skills. The question that many teachers have is whether or not they should allow L1 usage in foreign language schools (Pan et al., 2010). Even though it is frequently chastised, L1 is a common occurrence in foreign language schools (Pan and Pan 2010). The requirement for Target Language ( TL ) teachers to maximize the usage of $T L$ while minimizing the use of L1 has been frequently highlighted by researchers (Ash 2015). L1 has a role in Foreign Language (FL) schools though. What are the justifications for using L1 in foreign language classes (Ash 2015)? What are the limitations of L1 in terms of TL acquisition? Teachers switch between L1 and TL, according to classroom studies. Language is elicited, comprehension is assessed, instructions are given, and grammar is explained using TL. It encourages people to go from L1 to TL mode (Turnbull 2001). Overall, L1 improves TL understanding when utilized correctly.

The usage of L1 in language courses has been noted by many researchers (English as well as other popular languages). Villamil and Guerrero observed Spanish-speaking students engaged in peer revision in a 1996 study. He concluded that L1 is critical for moulding the meaning of context, leading pupils through the task, and maintaining meaningful communication in general. He remarked that if the pupils had not used L1 in such a situation, communication between them would have been

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severely constrained (Villamil and Guerrero 1996). As a result, their goals would not have been met. In terms of classroom teaching, they discovered that allowing pupils to translate into their native language improved students' learning significantly (Al-Musawi January 2014). It improves one's understanding of the English language. By categorizing the information, pupils were able to master reading methods and improve their vocabulary. Most importantly, it makes it easier for teachers to better understand pupils to motivate them by allowing them to gain a deeper understanding of their cultural backgrounds. Regardless of the benefits offered by L1, it is nonetheless recommended that the usage of the first language be kept to a minimum (Pan and Pan 2010). It has the potential to be a useful tool for improving language learning.

### 1.1. STUDY OBJECTIVE

The main objective of this study is to examine the reasons for using L1 in foreign language teaching and learning, as well as the positive benefits of L1.

### 1.2. Research questions

i. What are the overall perceived benefits of using L1 in foreign language teaching and learning?
ii. What are the potential barriers to using L1 in foreign language teaching and learning?

## 2. LITERATURE REVIEW

### 2.1 THEORETICAL LITERATURE REVIEW

### 2.1.1 Interactionist Perspective \& Theory

Interactionism is a theory used by sociologists that focuses on small-scale interactions between individuals rather than the society at large. Unlike other theories, it does not attempt to conquer the social system of human beings or provide a resolution to the response to the system. Instead, it seeks to understand the interaction process of individuals by examining all the actions of the people involved in the connections and interactions over a certain period. According to Wu et al. (2019), the behavior and relation of a person to others contribute to learning language more straightforwardly by making solid social relations. The theory does not consider the language knowledge background.
G.H. Mead is one of the people who argued that to understand the interactions between people over the world, one must consider the interactive relationship at the smallest group of society by handling the general questions from the theory first, involvement in thinking and acting. According to Wu et al. (2019), interaction brings about a sense of morality, ethics, and values. The reality is shown through the interactionist theory, where they are created by interacting with one another. The interactionist perspective theory assumes that when understanding the sociology of human beings, an individual point of view does not exist. It also believes that society can be a product of the everyday interactions of individuals. The theory emphasizes the cognitive aspect and focuses on how people view and describe meanings in daily life. Symbolic interactionism has a unique view of human beings, interaction, and society and provides an answer to most questions about how people can act together.

### 2.1.2 LINGUISTIC THEORY

Noam Chomsky put forward this theory, which explains the term language as grammar independent of language use. The theory posits that acquiring a language is guided by specific rules common to all humans (Boleda, 2020). Across the universe, there are several similarities in the development of
linguistics. These similarities are caused by the innate language acquisition device (LAD), which is a special meter for measuring language that has linguistic principles that are universal and provide newborns in a community with the natural language and knowledge of how to talk and speak. The environment that the child grows up in only serves as the maturation area for the LAD. The theory believes that language is unique according to species-specific and individual humans.

Linguistic theory can be classified into two categories: lexical categories and functional categories. Lexical categories have common content, and the semantic content is the verb, noun, adjective, adverb, and preposition. Functional categories contain grammatical properties. The specific valuable types can be referred to as the comp (C) inflection categories (Infl I), tense (T) agreement (Agr), negation (Neg) determiner (DET), and the number NUM category Num. Although most of these classes are identified and proposed in most recent literature, it is sometimes difficult to assume that the variety is represented in all languages (Boleda, 2020). Much of the research done considering grammar usually varies across many linguistics according to said classification and all the characteristics they share with other languages. In linguistic theory, researchers aim to discover whether semantic categories exist for languages requiring linguistic theory so that the meaning of some complex explanations may be explained at the end.

### 2.2 EMPIRICAL LITERATURE REVIEW

First language (FL) has been a determining and influencing factor when it comes to acquiring a second language by either students, young people, or adults. In many countries, English is viewed as a Foreign Language (FL) as it is learned as a second language, especially in countries like Saudi Arabia, where the first language is Arabic which also serves as the official language (Alzamil, 2019). This makes such countries view the English language as a foreign language that their citizens should be taught so that they can feel like part of the world as the highest percentage of the world's countries use English in communication while others use it as their first language or official language. This shows that every country has its own language culture, that those countries use English as their first language while others learn it as a second or foreign language. Therefore, the culture and how the first language is used in any country affect second language acquisition (August \& Shanahan, 2017). For example, how Saudi Arabis citizens use their first language greatly affects acquiring a second language like English. The usage of phrases and the sentence making of the first language greatly affect learning of the second language as, in many cases, the phrases and making of the first language are different from those of the second language.

According to Bećirović \& Hurić - Bećirović, (2017), second language learning for adults is difficult compared with second language learning by children. Children will find learning and acquiring a second language simpler than adults, as they have not been into the first language much. Children have a higher ability to acquire and learn a second language or any language as their minds are sharp with fewer things running in their heads compared to adults, whose minds are filled with many things about life and hustling. This makes it harder for them to learn a language than children. In the natural selection of second language learning, it is evident that children or young children do better while learning a language than adults (August \& Shanahan, 2017). Regardless, little children may not be subjected to learning a second language; they have the best capacity and mindset to learn the second language easily. It is interesting that in many cases where young children are taught a second language at a low age, they may end up forgetting some wordings of the first language; hence not advisable to teach young children a second language until the time or at the age where their first language is not affected. The effects found on children's first language to second language learning are minimal compared to those found when adults are learning the second language (Bećirović $\&$

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Hurić - Bećirović, 2017). This shows that the effect of the first language on the acquisition of the second language varies depending on the learner's age; that is, in little children, young adults, and adults, their effects of the first language are different and more intense if one elder. Teaching children in the first language forms the basis for second language learning, which should be the best strategy or background for the second language (Hopp et al., 2019).

According to the study by Hummel, (2021), the population and the levels of globalization are increasing at a high rate where different cultures are developed, coming into greater contact with others which has brought the need to learn different ways of communication. These different ways of communication involve learning and acquiring a second language, especially in those countries that do not use English as their official language. Many businesses across the globe and communication are done using the English language, which brings the need for countries where citizens do use this language to acquire it as a second language (Johnson, 2017). This has made the aspect of bilingualism so common in many countries across the world; people are aiming at becoming more professionally successful hence making bilingualism the key component in the education sector across the world. High schools, elementary schools, universities, and colleges worldwide have adopted the aspect of offering language teaching services in their curriculum so that the students can learn the language they want freely with all the materials, good instructors, and resources required. This helps open up opportunities for the students as they can explore job opportunities worldwide and be well-compatible with any language. The level of proficiency in the second language, especially English, will be high if the students are introduced to the learning and shown the importance of learning the second language in their first year in school.
According to Mitchell, Myles \& Marsden, (2019), it is challenging for teachers and instructors of English as the second language can only teach the language using the mother tongue or the first tongue. While in the classrooms, to make the students understand the concepts of the second language, the teacher and instructors introduce the new language using the students' first language. Doing this can be useful as many people understand concepts better when taught or introduced to them using their mother tongue or first language. Using the first language to teach the second language is not healthy when teaching the second language. Different researchers have given different opinions and views on the issue of using the first language to teach a second language. In bilingual schools, teachers and instructors in the classroom using the first language in teaching the second language makes it easier for the learners to connect the existing knowledge of their first language and those of the second language (Sánchez-Gómez, Pinto-Llorente \& García-Peñalvo, 2017). The learners try to connect all the concepts, theories, and presentations of the first and second languages, making them easily understand more about the second language. Consequently, the use of the FL in teaching the SL also has negative effects on learning the second language. According to mainly, the use of the FL in teaching a second language should be allowed in the classrooms, but it should be used constantly to reduce the effect of the first language replacing the second language or the target language being taught.
The best and the only way a learner can communicate and write using the second language is through translating the main language concepts from the first to the second. Students tend to translate concepts of verbs, nouns, pronouns, and adverbs from the first learner's language to their second language or target language for easier understanding of the second language and avoid making errors in the second language learning (August \& Shanahan, 2017). This shows that learners only rely on the first language to succeed in learning a second language. Without using the FL in learning the SL , learners will be discouraged from learning as they will make more errors than when the first language is supported (Sánchez-Gómez, Pinto-Llorente \& García-Peñalvo, 2017). Learners encounter difficulties when learning a second language, including grammar, vocabulary, and
phonology issues due to the habits and being used to the first language. These issues experienced by learners of the second language cause interference in the learning process of the second language leading to different errors. These errors can be classified into developmental, ambiguous, and unique errors.

According to the study done by Sánchez-Gómez, Pinto-Llorente \& García-Peñalvo, (2017). No matter the proficiency level, learning the second language must be affected by the first language, as there is a direct transition from the first to the second. The second language activates the first language as it is a requirement that any second language learner must be well conversant with the first language. The same case for the teachers and instructors who are required to be well conversant with the first language of the students they are teaching the second language. Suppose the classroom of learners learning a second language has their first language as Spanish or Arabic. In that case, the teachers or the instructors must be well conversant with those languages as that is where they form the bases to approach and teach the second language (Mitchell, Myles \& Marsden, 2019). Even if, in some circumstances, teachers and instructors avoid and forbid the use of the mother tongue by the learners. At the same time, in the classroom, there still exist links and connections between the mother tongue, the first language, and the second language.

## Disadvantages of Cutting out L1 in TL Learning

In language learning courses, L1 can be a useful tool. Eliminating its use has its own set of drawbacks. It would almost certainly result in pupils repeating phrases and sentences because they would be unsure of the terminology being used at times. Students would also talk more slowly because they would naturally swap complex terms for easy ones due to a lack of confidence. If all of these continue, it will have unfavorable repercussions, such as students refusing to acquire complex linguistic skills. According to the interactionist learning hypothesis, input alone is insufficient for language learning (Kwame 2017). Students will never be able to master one of the skills of language learning - speaking - if they do not communicate (Wagner 1994). Speaking up lowers affective barriers, which boosts student confidence (Buarqoub 2019). When students realize that they have options for expressing themselves, they are more likely to utilize the target language (TL) regularly (Buarqoub 2019). When students are aware that they have the choice of using L1, they are more likely to use TL consistently. This is because they know that, in the end, they will be allowed to make their argument rather than being cut off. As a result, there is a more meaningful contribution, discussion, and engagement in classes. As a result of using L1, students are more inclined to communicate vocally and share their ideas. Teaching in TL is the best option for language learners to develop advanced language skills. Expressions differ from one language to the next (Castillo 2015). 'Raised in the gutter', for example, may indicate 'raised from poverty' in L1. It would be incorrect for the teacher to categorize this as being raised in a poor negative manner for the children. As a result, the context of L1 is required in this situation.

## The Rationale for Restricting L1 Use in Foreign Language Classrooms

Teachers still utilize the translation technique to teach TL, even though it is no longer widely used. This strategy encouraged people to utilize their first language more often (Giaber 2014). This use of L 1 has mostly become obsolete, as some teachers believe it is ineffective in improving learners' communication abilities. This can be accomplished in a variety of ways. Following this, certain emerging approaches virtually completely prohibited the use of the L1. The Direct Method is one of these (Batool, Anosh, et al. 2015). The usage of the first language was strictly prohibited in this strategy. Students were taught in a picturesque manner for this method, with objects, replicas of objects, drawings, and descriptions of a clear relationship between an object or abstract and what it signifies (Soviyah and Purwaningtias 2018). The teacher responds to the students by demonstrating
rather than translating. To define or explain more complex terms or words, the teacher uses simpler, less complex terminology. This is still widely used today.

Audio-Lingualism, Community Language Learning, and Silent Ways are some of the more modern ways (Ahamefula, Udechukwu, et al. 2014). All of these factors worked against the usage of the first language. They only allowed the use of the first language when it was required. All of these strategies were designed to promote student autonomy. Self-correction is a crucial component of these techniques. Teachers are only authorized to assist students when they reach a dead end. The objective of the mother tongue in the Community Language Learning Method is to provide a bridge to the unfamiliar. In the first language, the meaning of words is evident. When the meaning of a term in the TL is obvious, it is easier to combine, use, and expand vocabulary in the TL. All of these are intended to provide a safe environment in which learners can learn independently (Ahamefula, Udechukwu, et al. 2014).

During the 1970s and 1980s, the use of just English to teach English was widely promoted. This approach began with the idea that Foreign Language (FL) should be learned in the same way that L1 is learned - that is, without any prior knowledge of another language. As a result, L1 should be viewed as non-existent. The goal is to get as much L1 exposure as possible (Batool, Anosh, et al. 2015). According to modern language acquisition approaches, using L1 extensively is discouraged (Ash 2015). Each of these strategies is distinct and has its own set of advantages and disadvantages. When learners try to acquire the English language from several teachers, they encounter difficulty. Different teachers prefer different teaching strategies when it comes to teaching TL/FL. The question remains: should monolingual or bilingual approaches to English language teaching be encouraged?

## Answering the Age-Old Question: Should English Language Instruction Be Monolingual or Bilingual?

The Monolingual Approach: In an English Language school, a monolingual approach mandates that foreign language should be the sole medium of communication allowed. It is thought that by using this method, learners will be compelled to learn synonyms in the Target Language. Educators do not want the use of L 1 to become ingrained in their minds. This would be a continual obstacle for students, switching between languages difficult. The reasoning behind this is that the more pupils are exposed to the English language as a whole, the better and faster they will be able to use TL. They will assimilate the information and begin to think in English.

The Bilingual Approach: The monolingual approach is unquestionably preferred, popular, and favored above the bilingual approach. Many believe that excluding L1 from the classroom is not only impracticable but also deprives students of a crucial learning tool. Others promote the use of L1 in a principled manner. Meaningful learning occurs when the student understands the content and can demonstrate that understanding when it is needed. In EFL lessons, L1 facilitates both teaching and learning by systematizing EFL structure comprehension (Castillo 2015). In most cases, it results in real learning. However, knowing when and how to use L1 is still crucial. Advanced EFL classes, for example, should not be allowed to revert to L1.

Whether teachers like it or not, the learner's original language is constantly there in their minds. Students attempt to always build a conscious or unconscious connection between the two languages. Rapport is a technique for instilling confidence in students. In a humanistic approach, L1 permission should be incorporated. Affective barriers are broken down, and communication learning is successful. Suppressing the natural need to use L1 just generates an unproductive conflict. L1 techniques cut down on the time it takes to explain difficult concepts to students. Mother tongue can help you promote dialogue, create clarity and flexibility in your thoughts, and become more aware of inevitable interactions (Giaber 2014). The acknowledgment of L1 was reflected in the
majority of positive responses. Teachers who are qualified and adequately taught can help students develop their target language abilities (Mizza 2014). Teachers should be appropriately trained to apply L1 judiciously and effectively, to assure basic understanding. L1 is a valuable teaching and learning tool.

## Lexical Categorization

There are disparities in lexical classification among languages, according to decades of research. This domain categorization may be found in all common target languages, such as Spanish, English, Chinese, Dutch, French, and Russian (Lobachev 2008). Because of this disparity, fine-tuning lexical categories is a critical tool for learning and using language like a native speaker. It illustrates the enormous language difficulty that learning words and vocabulary poses.

## Language Translation Errors

It is necessary to develop proficiency in a non-native language's phonology, morphology, syntax, semantics, and vocabulary. Language learners rely on the structure of their mother tongue. When writing and speaking in the target language, this is especially true. While it is natural to think of an unfamiliar language in the context of a fully learned one, the differences in structure between languages make this process difficult; the result is a high frequency of errors that can be traced back to habits that were unsuccessfully transferred over from the speaker's L1 (Valcea 2020). Negative transfer mistakes are the most common type of error (Bardovi-Harlig and Sprouse March 2017). When the structures of two languages are similar, it is a positive transfer (Bardovi-Harlig and Sprouse March 2017).

Second Language Acquisition theory was investigated as it related to negative transfer in a study conducted at the University of California, Los Angeles (Brogan and Son 2015). This principle was used with three different types of students. The sorts of errors were examined, and the frequency of these errors was recorded. These findings were examined to better understand the transfer process, the errors that occurred, and which kinds of errors were associated with different levels of language learning. The errors identified are listed below. The level of interference between the two languages to be utilized - the TL and the L1 - must be understood. Identifying underlying differences and similarities can assist in preventing language transfer mistakes. How are negative errors prevented? These are mistakes that have been identified as being made by language learners. When these errors are made, we may trace them back to their linguistic origins and examine structural differences between the learners' first and second languages. Is negative transfer more common in languages with comparable or dissimilar structures? This is because they are subject to misinterpretation, and more identical languages are more likely to generate a negative transfer. It's more difficult to distinguish one from the other. Consider two similar languages: Spanish and Portuguese. These two languages would be more prone to mutual misunderstanding than any other pair. Why? Spanish and Portuguese are two languages that are closely connected. There would be less interference between two extremely diverse languages - English and Chinese (Brogan and Son 2015).

Even yet, learning a whole other language from the perspective of an L2 learner is exceedingly challenging. The most reliable results will come from identifying negative transfer between two completely unrelated languages, such as English and Spanish. Even though they are both IndoEuropean languages, English and Spanish have separate historical branches (German and Italic, respectively). They have similar alphabets and numerical systems.

As a learner gains skill, how does the frequency of each sort of transfer-induced error increase? Which errors are more or less universal among students? Written work encourages students to think. Speaking, on the other hand, is employed as a context in this situation. The ability to revise written

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material is a plus. The speaker is forced to develop the target language on the spot in spontaneous and semi-spontaneous speech. As a result, native language practices become more important. Scenarios are essentially role-playing and conversation starters.
The negative errors are classified into three, as described below.

1. Overextension of Analogy: This occurs when a student misunderstands an item in the L2 because it resembles the item form in the L1. On a phonological, lexical, or orthographic level, this can happen. For example, an English speaker learning Spanish would use the word 'embarazada' (pregnant) to indicate 'embarrassed.' This is one of the terms for "embarrassed". The two languages, appear to be the same but have different meanings.
2. When a learner uses a feature of the L1 instead of the target language, this is known as Structural Transfer. This is known as negative transfer, and it can happen at the phonological, lexical, or syntax level.
3. Interlingual/intralingual errors occur when one language has a distinction that the other does not. While English people differentiate between the verbs "to do" and "to make," Spanish has only one equivalent, "hacer," which contains both meanings.

## 3. METHODOLOGY

### 3.1. Research design

In this study, a qualitative research design was used in answering the structured research questions. Qualitative research design is well-known for a qualitative phenomenon. For instance, if one is interested in investigating the reasons for human behavior then the qualitative design is the best approach. Qualitative research design is important since it aims at finding the underlying motives and opinions using questionnaires, surveys, and interviews (Kothari,2004).

### 3.2. DATA

In this study, primary data was used, and the participants were asked to fill out a questionnaire on the information regarding barriers and benefits of L 1 in teaching and learning a foreign language. For data collection purposes 55 participants, who were ESL students at King Saud University, were involved in this study.

## 4. RESULTS

Table 1 below consists of the frequencies and descriptive statistics for the first 10 questions in the questionnaire. From the table below some of the responses comprises complete cases, that is $n=54$ whereas others comprise 53 cases.

## 1. General Information

Table 1: Frequencies \& descriptive statistics of Basic information and their responses

| General | Levels | Frequency | Percent (\%) | $\mathbf{n}$ |
| :---: | :---: | :---: | :---: | :---: |
| Medium of Instruction in | Others | 35 | $64.8 \%$ | 54 |
| School | English | 19 | $35.2 \%$ |  |
| Friends/Family who speak | No | 16 | $29.6 \%$ | 54 |
| English | Yes | 38 | $70.4 \%$ |  |
| Language of Communication | Others | 45 | $83.3 \%$ | 54 |
| with Friends/Family | English | 9 | $16.7 \%$ |  |


| Similarity in respondent's L1 with TL | Not similar at all Slightly similar Fairly similar Very similar | $\begin{gathered} 9 \\ 28 \\ 13 \\ 4 \end{gathered}$ | $\begin{aligned} & \hline 16.7 \% \\ & 51.9 \% \\ & 24.1 \% \\ & 7.4 \% \\ & \hline \end{aligned}$ | 54 |
| :---: | :---: | :---: | :---: | :---: |
| Number of languages known | $\begin{aligned} & 1 \\ & 2 \\ & 3 \\ & 4 \end{aligned}$ | $\begin{gathered} 4 \\ 31 \\ 15 \\ 4 \end{gathered}$ | $\begin{gathered} 7.4 \% \\ 57.4 \% \\ 27.8 \% \\ 7.4 \% \\ \hline \end{gathered}$ | 54 |
| Proficiency in L1 | Low <br> Moderate <br> Good <br> Advanced | $\begin{gathered} \hline 1 \\ 8 \\ 29 \\ 16 \\ \hline \end{gathered}$ | $\begin{gathered} \hline 1.9 \% \\ 14.8 \% \\ 53.7 \% \\ 29.6 \% \\ \hline \end{gathered}$ | 54 |
| Proficiency in TL | Very low Low Moderate Good | $\begin{gathered} 4 \\ 9 \\ 13 \\ 28 \end{gathered}$ | $\begin{gathered} \hline 7.4 \% \\ 16.7 \% \\ 24.1 \% \\ 51.9 \% \\ \hline \end{gathered}$ | 54 |
| Preferred Medium of Instruction for learning TL | Native language Target language | $\begin{aligned} & 24 \\ & 30 \end{aligned}$ | $\begin{aligned} & \hline 44.4 \% \\ & 55.6 \% \end{aligned}$ | 54 |
| Perceived difficulty in learning TL | Not difficult <br> Slightly difficult Moderately difficult Very difficult Extremely difficult | $\begin{gathered} 7 \\ 19 \\ 15 \\ 11 \\ 2 \\ \hline \end{gathered}$ | $\begin{gathered} \hline 13 \% \\ 35.2 \% \\ 27.8 \% \\ 20.4 \% \\ 3.7 \% \\ \hline \end{gathered}$ | 54 |
| How long have you been learning English | $\begin{gathered} \text { Mean }=10.69 \\ \text { Std.Dev=7.92 } \end{gathered}$ |  |  | 53 |

From the table above it's evident that the students take 10.69 minutes on average with a standard deviation of 7.92 minutes. It's also noticeable that most students learned Arabic medium school compared to the English language. The results indicate that $35(64.8 \%$ ) studied an Arabic medium school whereas 19(35.2\%) studies English. The students were asked if they have a friend/family who speaks English. The findings to this question show that majority of the students have a friend/family who speaks English, $38(70.4 \%)$ whereas $16(29.6 \%)$ reported that they do not have a friend/family who speaks English. It's also evident that when it comes to the number of languages the students know its evident that 31 (57.4\%) of the students know 2 languages. When it comes to the proficiency of L1 \& TL the findings show that majority of the students rated the proficiency of the two languages as good. This can be noticeable since 29(53.7\%) students indicated that the proficiency of L1 was good and on the other hand $28(51.8 \%$ ) reported that the proficiency of TL was good. Further, the findings revealed that most of the students,45(83.3\%) use other languages when communicating with their friends and teachers whereas $9(16.7 \%)$ use English when communicating with their teachers and friends. Also from the findings,30(55.6\%) of the students prefer the method of instruction to be in the Target Language(TL). Figures 1-3 present the responses on

- Do you agree if we say that the knowledge of L 1 affects badly or interferes with the learning of TL?
- How similar is English to your native language?
- Do you prefer the method of instruction to be in L1 or TL?

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Figure 1: Do you agree if we say that the knowledge of L1 affects badly or interferes with the learning of TL?


Figure 2: How similar in English to your native language?

Figure 1 shows that $40.7 \%$ of the students do not agree that the knowledge of L 1 affects badly with the learning of TL. However, $25.9 \%$ of the students agree that the knowledge of L 1 affects badly with the learning of TL. On the other hand, Figure, 2 shows that $51.9 \%$ of the students indicated that the similarity of their English to their native language is slightly similar.

Do you prefer the
method of
instruction to be
in L1 or in TL?
日L1 Native language
TL Target Language

Figure 3: Do you prefer the method of instruction to be in L1 or TL?
From Figure 3 above, $55.56 \%$ of the students prefer the method of instruction to be in the target language whereas $44.44 \%$ of the students prefer the instructions to be in the native language.

## 2. Vocabulary-Based Questions

Table 2 below presents the summary statistics of the questions related to vocabulary. Their findings are as well presented in bar plots (Figures 4-6) as shown below.

Table 2: Vocabulary-based questions

|  | Level | Frequency | Per cent (\%) | n |
| :---: | :---: | :---: | :---: | :---: |
| Translating TL to L1 | Disagree | 13 | $24.1 \%$ | 54 |
|  | Neutral | 11 | $20.4 \%$ |  |
|  | Agree | 22 | $40.7 \%$ |  |
| Misunderstand similar | Strongly Agree | 8 | $14.78 \%$ |  |
| words | Strongly disagree | 4 | $7.4 \%$ | 54 |
|  | Disagree | 16 | $29.6 \%$ |  |
|  | Neutral | 15 | $27.8 \%$ |  |
|  | Agree | 16 | $29.6 \%$ |  |
| Understand cognates | Strongly Agree | 3 | $5.6 \%$ |  |
|  | Strongly Disagree | 6 | $11.1 \%$ | 54 |
|  | Disagree | 6 | $11.1 \%$ |  |
|  | Neutral | 10 | $18.5 \%$ |  |
|  | Agree | 25 | $46.3 \%$ |  |
|  | Strongly Agree | 7 | $13 \%$ |  |

From the findings, 22 (40.7\%) of the students agree that translating English words/sentence to their native language makes it easier for them to understand their meaning. However, 13 (24.1\%) of the students disagree with the claim. On the other hand, an equal number of students, 16 (29.6\%) agree that they often misunderstand meanings in English when words are similar to their native language. The same number of students disagree with the claim. Lastly 25 ( $46.3 \%$ ) of the students agree that you can understand the target language well when its meaning is explained in the same language. The findings from the table above are presented in percentages in Figures $4-6$ below.


Figure 4:Translating TL to L1


Figure 5: Misunderstand similar words


Figure 6: Understand Cognates

### 2.1. Hypothesis Testing

For hypothesis Testing Chi-square test of independence was applied to determine whether there's an association between the variables of interest. The test was conducted at a $5 \%$ level of significance as discussed below. The null hypothesis tested is that there is no association between the variables and the alternative is that there is an association between the variables.

### 2.1. Is there an association between perceived proficiency and L1 vocabulary-based difficulties in TL acquisition

|  | Perceived Proficiency in TL |  |
| :---: | :---: | :---: |
| Translating TL to L1 | Chi-square | 7.255 |
|  | df | 9 |
|  | Sig. | $.611^{\mathrm{a}, \mathrm{b}}$ |
| Misunderstand similar words | Chi-square | 27.953 |
|  | df | 12 |
|  | Sig. | $.006^{\mathrm{a}, \mathrm{b}, *}$ |
| Understand cognates | Chi-square | 26.233 |
|  | df | 12 |
|  | Sig. | $.010^{\mathrm{a}, \mathrm{b}, *}$ |

From the results above it's evident that there is no association between proficiency in $T L$ and the ability of students to understand the meanings of words when their meaning is explained in their native language. This is because the Chi-square reports a $p$-value of 0.611 which is greater than 0.05 . However, on the other hand, the findings indicate that there is a significant association between proficiency and their ability to understand cognates $(p=0.01<0.05)$. Lastly, it's also evident that there is a significant association between proficiency in TL and mistakes arising from words similar. Cross tabulation of the vocabulary-based questions against the proficiency in TL showed that higher proficiency resulted in a lesser need for translating words to L1 to understand their meaning and lower chances of misunderstanding words similar in TL and L1. On the other hand, more proficient English speakers were found to have a better ability to understand meanings explained in TL i.e. cognates.

### 2.2. Is there an association between Opinion of L1 TL interference and L1 vocabulary-based difficulties in TL acquisition

|  | Opinion on L1 - TL Interference |  |
| :---: | :---: | :---: |
| Translating TL to L1 | Chi-square | 7.293 |
|  | df | 6 |
|  | Sig. | 0.295 |
| Misunderstand similar words | Chi-square | 18.663 |
|  | df | 8 |
|  | Sig. | 0.017 |
| Understand cognates | Chi-square | 6.572 |
|  | df | 8 |
|  | Sig. | 0.583 |

The findings from the Chi-square test indicate that there is no significant association between the interference of L1 in TL acquisition and the ability of the students to understand cognates and translate TL to L1 as well. However, the output shows that there is a significant association between the interference of L1 in TL acquisition and misunderstanding of similar words at a $5 \%$ level of significance.

### 2.3. Is there an association between Total time studying TL and L1 vocabulary-based difficulties in TL acquisition

| Translating TL to L1 | English Studying Time |  |
| :---: | :---: | :---: |
|  | Chi-square | 10.816 |
|  | df | 6 |
| Misunderstand similar words | Sig. | 0.094 |
|  | Chi-square | 15.57 |
|  | df | 8 |
|  | Sig. | 0.049 |
| Understand cognates | Chi-square | 26.121 |
|  | df | 8 |
|  | Sig. | 0.001 |

Students that were studying the TL for a longer period were found to be less likely to misunderstand similar words in TL and L1 (significant at the $95 \%$ confidence interval) and better able to understand meanings taught in TL (significant at the $95 \%$ confidence interval). Therefore, at a $95 \%$ confidence interval, we reject the null hypothesis for the association between translating TL to L1 and English study time.
2.4. Is there an association between having friends and family who speak English and L1
vocabulary-based difficulties in TL acquisition?

| Have Friends / Family who speaks English |  |  |
| :---: | :---: | :---: |
| Translating TL to L1 | Chi-square | 5.499 |
|  | df | 3 |
|  | Sig. | 0.139 |
| Misunderstand similar words | Chi-square | 5.86 |
|  | df | 4 |
|  | Sig. | 0.21 |
| Understand cognates | Chi-square | 8.401 |
|  | df | 4 |
|  | Sig. | 0.078 |

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From the findings, it's evident that at a $5 \%$ level of significance we fail to reject the null hypothesis and conclude that there is no association between having Friends/Family who speak English and the three vocabulary-based questions.

## 4. SENTENCE STRUCTURE

## This section illustrates the following questions

You often make sentence structural mistakes in English because its grammar is similar to/different from your native language.

You often use sentence structures from your native language when speaking in English.
How much does the grammar of your native language interfere with and confuse your learning of the target language?

How often do you find problems in learning morphology (using prefixes, suffixes, articles, conjunctions, etc.) of a new language when it differs from your native language?

Some scholars say that limited use of L1 in TL classrooms helps learners to learn by comparing and contrasting some grammatical constructions. Do agree?

Table 3: Frequencies for sentence structures

|  | Level | Frequency | Percent (\%) | n |
| :---: | :---: | :---: | :---: | :---: |
| Sentence Structural Mistakes | Strongly Disagree <br> Disagree <br> Neutral <br> Agree <br> Strongly Agree | $\begin{gathered} 5 \\ 17 \\ 8 \\ 18 \\ 6 \end{gathered}$ | $\begin{gathered} \hline 9.3 \% \\ 31.5 \% \\ 14.8 \% \\ 33.3 \% \\ 11.1 \% \end{gathered}$ | 54 |
| Using Sentence Structures from L1 | Strongly disagree Disagree Neutral Agree <br> Strongly agree | $\begin{gathered} 2 \\ 26 \\ 7 \\ 10 \\ 9 \end{gathered}$ | $\begin{gathered} \hline 3.7 \% \\ 48.1 \% \\ 13 \% \\ 18.5 \% \\ 16.7 \% \end{gathered}$ | 54 |
| Grammatical Errors b/w L1 \& TL | Strongly disagree <br> Disagree <br> Neutral <br> Agree <br> Strongly agree | $\begin{gathered} \hline 5 \\ 19 \\ 15 \\ 13 \\ 2 \end{gathered}$ | $\begin{gathered} \hline 9.3 \% \\ 35.2 \% \\ 27.8 \% \\ 24.1 \% \\ 3.7 \% \end{gathered}$ | 54 |
| Problems in Morphology | Strongly disagree Disagree Neutral Agree <br> Strongly Agree | $\begin{gathered} \hline 6 \\ 11 \\ 11 \\ 20 \\ 5 \\ \hline \end{gathered}$ | $\begin{gathered} \hline 11.3 \% \\ 20.8 \% \\ 20.8 \% \\ 37.7 \% \\ 9.4 \% \\ \hline \end{gathered}$ | 53 |
| Limited use of L1 | Strongly disagree Disagree Neutral Agree <br> Strongly agree | $\begin{gathered} \hline 1 \\ 4 \\ 11 \\ 30 \\ 7 \end{gathered}$ | $\begin{gathered} \hline 1.9 \% \\ 7.5 \% \\ 20.8 \% \\ 56.6 \% \\ 13.2 \% \end{gathered}$ | 54 |

From the findings above it's evident that the majority of the students 18(33.3\%) of the students often make sentence structural mistakes in English because its grammar is similar/different from your native language. However, 17(31.5\%) of the students disagree with this. For the second question, the highest number of students $26(48.1 \%$ ) disagree that they often use sentence structures from their
native language when speaking in English. Further, the findings show that 30(56.6\%) of the students agreed with the claim that some scholars say that limited use of L1 in TL classrooms helps learners to learn through comparing and contrasting some grammatical constructions. The graphical presentation of some of the responses is shown in Figures 7-10.


Figure 4: Structural mistakes

Figure 6: How much does the grammar of your native language interfere with and cause confusion in your learning of TL?


Figure 5: Using sentence structure

How often do you find problems in learning morphology (using prefixes, suffixes, articles, conjunctions etc.) of a new language when it differs from your native


Figure 7: How often do you find problems in learning the morphology of a new language when it differs from your native language?

### 3.1. Is there an association between perceived proficiency and L1 Sentence structure-based difficulties in TL acquisition?

| Sentence Structural Mistakes | Perceived Proficiency in TL |  |
| :---: | :---: | :---: |
|  | Chi-square | 22.875 |
|  | df | 12 |
| Grammatical Errors b/w L1 \& TL | Sig. | .029 |
|  | Chi-square | 24.235 |
|  | df | 12 |
|  | Sig. | .019 |
| Problems in Morphology | Chi-square | 21.095 |
|  | df | 12 |
|  | Sig. | .049 |
|  | Chi-square | 21.528 |
| Limited use of L1 | df | 12 |

At a $5 \%$ level of significance, we reject the null hypothesis of the test for independence and conclude that there is an association between perceived proficiency and L1 Sentence structure-based difficulties in TL acquisition.

### 3.2. Is there an association between opinion on L1-TL interference and L1 Sentence structurebased difficulties in TL acquisition?

|  | Opinion on L1 - TL Interference |  |
| :--- | :--- | :--- |
| Sentence Structural Mistakes | Chi-square | 10.442 |
|  | df | 8 |
|  | Sig. | 0.235 |
| L1 | 5.592 |  |
|  | Chi-square | 8 |
|  | df | 0.693 |
|  | Shi-square | 13.619 |
| Problems in Morphology | Sig. | 8 |
|  | Chi-square | 0.092 |
|  | df | 4.553 |
|  | Sig. | 8 |
|  | Chi-square | 0.804 |
|  | df | 4.149 |
|  | Sig. | 8 |

From the Chi-square test above its evident that there is no association between opinion on L1-TL interference and L1 Sentence structure-based difficulties in TL acquisition.

### 3.3. Is there an association between time studying TL and L1 Sentence structure-based difficulties in TL acquisition?

| English Studying Time |  |  |
| :---: | :---: | :---: |
| Sentence Structural Mistakes | Chi-square | 16.752 |
|  | df | 8 |
|  | Sig. | 0.033 |


| Using Sentence Structures from L1 | Chi-square | 14.087 |
| :---: | :---: | :---: |
|  | df | 8 |
|  | Sig. | 0.08 |
| Grammatical Errors b/w L1 \& TL | Chi-square | 17.076 |
|  | df | 8 |
|  | Sig. | 0.029 |
| Problems in Morphology | Chi-square | 12.28 |
|  | df | 8 |
|  | Sig. | 0.139 |
| Limited use of L1 | Chi-square | 11.05 |
|  | df | 8 |
|  | Sig. | 0.199 |

The findings revealed that there is an association between English studying time and sentence structural mistakes at a $5 \%$ level of significance. Also, there is a significant association between English studying time and using sentence structures from L1. However, the findings revealed that there is no association between English studying Time and problems in Morphology and Limited use of L1 as well.

### 3.4. Is there an association between having English-speaking friends or family and L1 Sentence structure based difficulties in TL acquisition

| Have friends and Family who speak English |  |  |
| :---: | :---: | :---: |
| Sentence Structural Mistakes | Chi-square | 8.645 |
|  | df | 8 |
|  | Using Sentence Structures from L1 | Sig. |
|  |  | 5.611 |
|  |  | 4 |
| Grammatical Errors b/w L1 \& TL | Sig. | 0.23 |
|  | Chi-square | 4.766 |
|  | df | 4 |
|  | Problems in Morphology | Sig. |
| Limited use of L1 | Chi-square | 4.011 |
|  | df | 4 |
|  | Sig. | 0.405 |
|  | Chi-square | 6.268 |

From the Chi-square test above the p-values associated with sentence structures are greater than 0.05 level of significance. Therefore, we fail to reject the null hypothesis and conclude that there is no association between having English-speaking friends or family and L1 Sentence structure-based difficulties in TL acquisition

## 4. COMMUNICATION

The table below shows the frequencies of the research questions associated with communications. From the findings, it's evident that 19(35.2\%) of the students agreed that it's difficult to communicate in English with their teachers. On the other hand, 20(37\%) agreed that it is easier for them to ask questions and communicate in class if they are allowed to use their native tongue for words they don't know.

Table 4: Frequencies for communication-based questions

|  | Level | Frequency | Percent (\%) | n |
| :---: | :---: | :---: | :---: | :---: |
| Easily <br> Communicate / <br> Understand <br> Instructions in TL | Strongly disagree <br> Disagree <br> Neutral <br> Agree <br> Strongly agree | $\begin{gathered} 6 \\ 10 \\ 9 \\ 19 \\ 10 \end{gathered}$ | $\begin{aligned} & \hline 11.1 \% \\ & 18.5 \% \\ & 16.7 \% \\ & 35.2 \% \\ & 18.5 \% \end{aligned}$ | 54 |
| Ease in Classroom Interaction | Strongly disagree Disagree Neutral Agree <br> Strongly agree | $\begin{gathered} \hline 4 \\ 7 \\ 10 \\ 20 \\ 13 \end{gathered}$ | $\begin{gathered} \hline 7.4 \% \\ 13 \% \\ 18.5 \% \\ 37 \% \\ 24.1 \% \end{gathered}$ | 54 |
| Anxiety when restricted from L1 use | Strongly disagree <br> Disagree <br> Neutral <br> Agree <br> Strongly agree | $\begin{gathered} \hline 6 \\ 14 \\ 12 \\ 16 \\ 6 \end{gathered}$ | $\begin{aligned} & \hline 11.1 \% \\ & 25.9 \% \\ & 22.2 \% \\ & 29.6 \% \\ & 11.1 \% \end{aligned}$ | 54 |
| Acquisition of pronunciation, phenology, etc | Strongly disagree <br> Disagree <br> Neutral <br> Agree <br> Strongly agree | $\begin{gathered} \hline 7 \\ 5 \\ 18 \\ 8 \\ 6 \\ \hline \end{gathered}$ | $\begin{gathered} \hline 13 \% \\ 9.3 \% \\ 33.3 \% \\ 33.3 \% \\ 11.1 \% \end{gathered}$ | 54 |
| Benefits of L1 in Receptive Skills | Strongly disagree <br> Disagree <br> Neutral <br> Agree <br> Strongly agree | $\begin{gathered} 2 \\ 4 \\ 9 \\ 32 \\ 7 \end{gathered}$ | $\begin{gathered} \hline 3.7 \% \\ 7.4 \% \\ 16.7 \% \\ 59.7 \% \\ 13 \% \end{gathered}$ | 54 |
| Benefits of L1 in Multi-Tasking Skills | Strongly disagree <br> Disagree <br> Neutral <br> Agree <br> Strongly agree | $\begin{gathered} 4 \\ 28 \\ 21 \\ 1 \end{gathered}$ | $\begin{gathered} \hline 7.4 \% \\ 51.9 \% \\ 38.9 \% \\ 1.9 \% \end{gathered}$ | 54 |
| Benefits of L1 in Memory Strategy | Strongly disagree <br> Disagree <br> Neutral <br> Agree <br> Strongly agree | $\begin{gathered} 1 \\ 6 \\ 20 \\ 24 \\ 2 \\ \hline \end{gathered}$ | $\begin{gathered} \hline 1.9 \% \\ 11.3 \% \\ 37.7 \% \\ 45.3 \% \\ 3.8 \% \\ \hline \end{gathered}$ | 54 |


4.1 Is there an association between perceived proficiency and L1 Communication-based
difficulties in TL acquisition?

|  |  |  |
| :---: | :---: | :---: |
|  | Perce | iency in TL |
| Easily Communicate / Understand | Chi-square | 19.448 |
| Instructions in TL | df | 12 |
|  | Sig. | . 078.8 |
| Ease in Classroom Interaction | Chi-square | 25.502 |
|  | df | 12 |
|  | Sig. | . $013^{\text {a,b, }{ }^{\text {a }}}$ |
| Anxiety when restricted from L1 use | Chi-square | 41.425 |
|  | df | 12 |
|  | Sig. | . $0000^{\text {a,b, }{ }^{*}}$ |
|  | Chi-square | 12.767 |
| phenology, etc. | df | 12 |
|  | Sig. | . $386{ }^{\text {a,b }}$ |

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| Benefits of L1 in Receptive Skills | Chi-square | 8.401 |
| :---: | :---: | :---: |
|  | df | 12 |
|  | Sig. | $.753^{\mathrm{a}, \mathrm{b}}$ |
| Benefits of L1 in Multi-Tasking | Chi-square | 4.613 |
|  | Skills | df |
| Benefits of L1 in Memory Strategy | Sig. | 9 |
|  | Chi-square | $.867^{\mathrm{a}, \mathrm{b}}$ |
|  | df | 14.73 |
|  | Sig. | 12 |

From the result above its evident that there is an association between perceived proficiency in TL and both Ease in classroom interaction and anxiety when restricted from L1 use. However, for the rest of the questions, we fail to reject the null hypothesis and conclude that there is no significant association between them and Perceived Proficiency.

### 4.2. Is there an association between opinion on L1-TL interference and L1 Communicationbased difficulties in TL acquisition?

|  | Opinion on L1-TL Interference |  |
| :---: | :---: | :---: |
| Easily Communicate / Understand Instructions in TL | Chi-square | 7.749 |
|  | df | 8 |
|  | Sig. | 0.458 |
| Ease in Classroom Interaction | Chi-square | 5.87 |
|  | df | 8 |
|  | Sig. | 0.662 |
| Anxiety when restricted from L1 use | Chi-square | 7.663 |
|  | df | 8 |
|  | Sig. | 0.467 |
| Acquisition of pronunciation, phenology, etc. | Chi-square | 11.543 |
|  | df | 8 |
|  | Sig. | 0.173 |
| Benefits of L1 in Receptive Skills | Chi-square | 6.691 |
|  | df | 8 |
|  | Sig. | 0.57 |
| Benefits of L1 in Multi-Tasking Skills | Chi-square | 5.332 |
|  | df | 6 |
|  | Sig. | 0.502 |
| Benefits of L1 in Memory Strategy | Chi-square | 5.584 |
|  | df | 8 |
|  | Sig. | 0.664 |

The result above reveals that there is no significant association between opinion on L1-TL interference and L1 Communication-based difficulties in TL acquisition at a $5 \%$ level of significance.

### 4.3. Is there an association between time studying TL and L1 Communication based difficulties in TL acquisition?

|  | English Studying <br> Time |  |
| :---: | :---: | :---: |
| Easily Communicate / | Chi-square | 18.254 |
| Understand Instructions in <br> TL | df | 8 |
|  | Sig. | 0.019 |
|  | Chi-square | 10.129 |


| Ease in Classroom | df | 8 |
| :---: | :---: | :---: |
| Interaction | Sig. | 0.256 |
| Anxiety when restricted |  |  |
| from L1 use | Chi-square | 20.769 |
|  | df | 8 |
|  | Sig. | 0.008 |
| Acquisition of <br> pronunciation, phenology, <br> etc. | Chi-square | 17.523 |
|  | df | 8 |
|  | Sig. | 0.025 |
| Skills | Chi-square | 4.694 |
|  | df | 8 |
| Benefits of L1 in Multi- | Sig. | 0.79 |
| Tasking Skills | Chi-square | 7.412 |
|  | df | 6 |
|  | Sig. | 0.284 |
| Benefits of L1 in Memory | Chi-square | 5.202 |
| Strategy | df | 8 |
|  | Sig. | 0.736 |

From the result above its noticeable that there is a significant association between English study time only with easily communicate and anxiety when restricted from L1 use at a $5 \%$ level of significance.

### 4.4. Is there an association between the language of communication with friends and family and L1 Communication-based difficulties in TL acquisition?

|  | Language for Communication with friends \& family |  |
| :---: | :---: | :---: |
| Easily Communicate / Understand Instructions in TL | Chi-square | 2.076 |
|  | df | 4 |
|  | Sig. | 0.722 |
| Ease in Classroom Interaction | Chi-square | 6.377 |
|  | df | 4 |
|  | Sig. | 0.173 |
| Anxiety when restricted from L1 use | Chi-square | 7.907 |
|  | df | 4 |
|  | Sig. | 0.095 |
| Acquisition of pronunciation, phenology, etc. | Chi-square | 1.954 |
|  | df | 4 |
|  | Sig. | 0.744 |
| Benefits of L1 in Receptive Skills | Chi-square | 4.339 |
|  | df | 4 |
|  | Sig. | 0.362 |
| Benefits of L1 in MultiTasking Skills | Chi-square | 1.886 |
|  | df | 3 |
|  | Sig. | 0.596 |
| Benefits of L 1 in Memory Strategy | Chi-square | 2.223 |
|  | df | 4 |
|  | Sig. | 0.695 |

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From the output above all the p-values are greater than 0.05 level of significance. Therefore at a $5 \%$ level of significance, we fail to reject the null hypothesis and conclude that there is no association between the language of communication with friends and family and L1 Communication-based difficulties in TL acquisition.

### 4.5. Is there an association between preferred medium of instruction and L1 Communicationbased difficulties in TL acquisition?

|  | Preferred Medium of Instruction |  |
| :---: | :---: | :---: |
| Easily Communicate / Understand Instructions in TL | Chi-square | 7.7072 |
|  | df | 4 |
|  | Sig. | 0.132 |
| Ease in Classroom Interaction | Chi-square | 2.383 |
|  | df | 4 |
|  | Sig. | 0.666 |
| Anxiety when restricted from L1 use | Chi-square | 5.557 |
|  | df | 4 |
|  | Sig. | 0.235 |
| Acquisition of pronunciation, phenology, etc. | Chi-square | 4.249 |
|  | df | 4 |
|  | Sig. | 0.373 |
| Benefits of L1 in Receptive Skills | Chi-square | 4.916 |
|  | df | 4 |
|  | Sig. | 0.296 |
| Benefits of L1 in MultiTasking Skills | Chi-square | 6.171 |
|  | df | 3 |
|  | Sig. | 0.104 |
| Benefits of L1 in Memory Strategy | Chi-square | 7.562 |
|  | df | 4 |
|  | Sig. | 0.109 |

The result reveals that there is no association between preferred medium of instruction and L1 Communication-based difficulties in TL acquisition at $5 \%$ level of significance.

## 5. CONCLUSION

The study aimed at investigating the reasons for using L1 in foreign language teaching and learning, as well as the positive benefits of L1. Survey data collected from 54 students were used for the analysis. The findings revealed that the students who participated in the study on average spent 10.69 in learning English. Further, the findings showed that most of the students learned Arabic in their medium school as compared to English. On comparing the proficiency of both TL and L1 the findings revealed that the students agreed that both languages are good. For hypothesis testing, the chi-square test was used to show whether there is an association between the variables. For the vocabulary-based questions, the perceived proficiency showed an association with an understanding of cognates. And on the other hand, there was a significant association between the interference of L1 in TL acquisition and misunderstanding of similar words but the rest were not significant. There was an association between English study time and misunderstanding similar words and understanding cognates as well at a $5 \%$ level of significance. The findings revealed that there was no association between opinion on L1-TL interference and sentence structure-based difficulties. While assessing the association between opinion on L1-TL interference and L1 communication-based
difficulties in TL acquisition, the association was not statistically significant a at $5 \%$ level of significance.

## Declaration of Conflicts of Interests

The authors declare that they have no conflict of interest.

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